



KEWDALE PRIMARY SCHOOL

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Dear Parents/Caregivers

During Term 1 and 2 our whole school Health programme will focus on *Protective Behaviours: Building Skills for Life*.

[Protective behaviours parent resource: Schools and parents working together to help keep children safe](#)

This programme is mandated by the Department of Education.

Protective Behaviours is an internationally acclaimed personal safety program aiming to empower children, young people and adults with strategies to promote safety and resilience.

The *Protective Behaviours* program teaches and promotes concepts of emotional literacy, empowerment, assertiveness, problem solving and an understanding of safety. In teaching these concepts and strategies, *Protective Behaviours* aims to prevent abuse, increase safety, and reduce violence.

There are two overarching themes of the *Protective Behaviours* Programme which span from Kindergarten to Year 6.

1. "We all have the right to feel safe at all times."
2. "We can talk with someone about something no matter what it is."

The ten key concepts taught through *Protective Behaviours* are:

1. Feelings
2. Early Warning Signs
3. Safety Continuum & Problem Solving
4. Safe Surprises & Unsafe Secrets
5. Networks
6. Persistence
7. Body Ownership/Public & Private
8. Personal Space
9. No, Go, Tell
10. Review

Please direct any questions regarding Protective Behaviours to your child's class teacher.