



Protective Behaviours – Building Skills for Life

At Kewdale Primary School, our Health curriculum includes the Protective Behaviours program, a Department of Education mandated personal safety program designed to help children develop the skills, knowledge and confidence to stay safe and build resilience.

Protective Behaviours is an internationally recognised program that promotes emotional literacy, empowerment, assertiveness, problem-solving skills and an understanding of personal safety. Through these concepts, students learn strategies that help increase safety, strengthen wellbeing and support positive relationships.

The program is built around two key themes:

1. **We all have the right to feel safe at all times.**
2. **We can talk with someone about something no matter what it is.**

From Kindergarten to Year 6, students explore a range of age-appropriate concepts, including:

- Understanding feelings
- Recognising early warning signs
- Problem-solving and safety strategies
- Safe surprises and unsafe secrets
- Identifying trusted support networks
- Persistence and help-seeking
- Body ownership and understanding public and private behaviours
- Personal space and boundaries
- The "No, Go, Tell" safety strategy
- Reviewing and reinforcing safety skills

Protective Behaviours provides students with practical life skills that support their personal safety, wellbeing and confidence both at school and in the wider community.

Together, schools and families play an important role in helping children develop the knowledge and skills they need to stay safe and thrive.